



How to turn strategy into action ... that actually works!

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Shared responsibility for the preventive work

The Government

Four municipalities

Five health regions



National strategy for 2013-2019



Focused on 6 target points:

- Providing the skills to act
- Suicide prevention in the educational system
- Suicide prevention in the health system
- The integration of suicide prevention as a topic in the relevant educational programs
- Reaching out to the bereaved
- Evaluation and research



Providing the skills to act

- Working towards the possibility of implementing ASIST [The Applied Suicide Intervention Skills Training program/ LivingWorks] in all four municipalities in Greenland.
- Making sure that local priorities are respected.
- Building on local knowledge and evidence.

Promoting resilience among 5th graders



A cognitive toolbox with the purpose of helping children to cope with the challenges they meet.

An unpredictable process.

Sharing stories and breaking the silence



Inuuneq inuuffigiuk

- atuagaq imminortoqarneratigut annaasaqarnermut tunngasq

Livet skal leves

- en bog om at miste ved selvmord



PAARISA & milik publishing

'Live your life'

A book about losing family and friends to suicide and

How do we know it actually works?



- Building on experience from across the Arctic.
- Monitoring mental wellbeing and suicidal behavior.
- Documentation and evaluation of the action taken.



Challenges

- How do we get people to work together and commit across sectors?
- Where do we think people should go to get help and where are they actually going?