How to turn strategy into action

... that actually works!

PhD Christina VL Larsen, The Ministry of Health
Self-rule since 2009
2,1 million km²
56,000 inhabitants
80% Inuit

PhD, Christina VL Larsen, E-mail: cll@niph.dk
28-04-2015
Shared responsibility for the preventive work

The Government

Four municipalities

Five health regions
National strategy for 2013-2019

Focused on 6 target points:

- Providing the skills to act
- Suicide prevention in the educational system
- Suicide prevention in the health system
- The integration of suicide prevention as a topic in the relevant educational programs
- Reaching out to the bereaved
- Evaluation and research
Providing the skills to act

- Working towards the possibility of implementing ASIST [The Applied Suicide Intervention Skills Training program/ LivingWorks] in all four municipalities in Greenland.
- Making sure that local priorities are respected.
- Building on local knowledge and evidence.
Promoting resilience among 5th graders

A cognitive toolbox with the purpose of helping children to cope with the challenges they meet.

An unpredictable process.
Sharing stories and breaking the silence

Inuuneq inuuffigiuk
- stuagaq imminortqarneratigut annaaaqarnermut tunngaeq

Livet skal leves
- en bog om at miste ved selvmand

’Live your life’
A book about loosing family and friends to suicide and
How do we know it actually works?

- Building on experience from across the Arctic.
- Monitoring mental wellbeing and suicidal behavior.
- Documentation and evaluation of the action taken.
Challenges

- How do we get people to work together and commit across sectors?
- Where do we think people should go to get help and where are they actually going?